



California Department of Health Services



Public Health Grand Rounds

Optimal Infant and Young Child Feeding

Audrey Naylor, MD, DrP.H.

Chief Executive Officer, Wellstart International, San Diego, CA
Clinical Professor (vol.), Dept. of Pediatrics and Community and Family Medicine,
University of California, San Diego, School of Medicine;

Carol Lopez Melcher, R.N.C., M.P.H

Perinatal Services Network Project Director, Loma Linda University
Medical Center/ Children's Hospital, Loma Linda, CA

Thursday August 26, 2004 9:00- 10:30 a.m. PDT
Satellite Broadcast and Audio Conference

Target Audience: Physicians, Nurses, Dietitians, Certified Dietetic Technicians, Lactation Consultants, Health Educators.

Local Site: UC Cooperative Extension Office, 420 S. Wilson Way, Stockton, CA 95205

For more information or to register:

Gail Dacayanan, RD, IBCLC, SJ County Public Health Services WIC (209) 468-0373

Dianna Stern, MPH, SJ County Public Health Services CHDP (209) 953-3640

Goal: The purpose of this presentation is to update participants on the importance of exclusive breastfeeding, and present strategies for success from community-based programs.

Learning Objectives: At the conclusion of this presentation participants will be able to:

1. Discuss studies that examine the benefits of exclusive breastfeeding as a component of optimal infant feeding.
2. List at least 3 risks of not breastfeeding.
3. Describe how hospital policies can interfere with the normal physiology of milk production.
4. Outline effective strategies to increase early exclusive breastfeeding rates.

The California Department of Health Services conducts Public Health Grand Rounds by telephone for state, city and county health department staff throughout California. The purpose of this training program is to provide continuing education on public health issues and to serve as a forum for communication among health professionals.



Continuing Education Accreditation: The California Department of Health Services Continuing Professional Education Program is approved as a provider of continuing education by the California State Board of Registered Nursing, Provider #00584, California Medical Association in continuing medical education Category I credit, Accreditation Evaluation Services of the California Pharmacists Association Provider #160 (expires 2/18/05), and the State Board of Dental Examiners, provider 1.5-2645. This seminar is approved for 1.8 contact hours for nurses, 1.5 hour CME, and 1.5 hour of pharmacy continuing education credit. The California Association of Public Health Laboratory Directors, Provider #0078, also approves this program for 1.5 hour of continuing education credit. CERPs have been applied for from the International Board of Lactation Consultant Examiners, and CEUs have been applied for from the Commission on Dietetic Registration.

This seminar series is made possible by the Preventive Health Services Block Grant from the Centers for Disease Control and Prevention.